

A STUDY ON PREVALENCE OF STRESS AMONG FIRST YEAR MBBS (2006) STUDENTS AND ITS ASSOCIATES 2003

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Abstract

A cross – sectional study of the prevalence of stress among first year MBBS students (2006 batch) of Medical College, Thiruvananthapuram was conducted. We intended to determine whether there was any association between stress and selected variables.

The required data was collected from 162 students by questionnaire method. 'General Health Questionnaire' was used and assessment was done based on Likert scoring.

We found that 25% were under stress. Chi square test was used to find the association between stress and the study variable. Out of the variables selected for the study, it was found that there was an association between stress and four variables namely education of the parent, occupation of the parent, satisfaction of hostel life, burden of syllabus.