

# **A STUDY ON AWARENESS OF POST NATAL MOTHERS ON DEVELOPMENTAL MILESTONES 2004**

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## **ABSTRACT**

Our present study was undertaken to assess the awareness of post natal mothers on developmental milestones. A hospital based cross sectional study was done using pre tested questionnaire. The study subjects were 250 willing postnatal mothers in the postnatal ward of Sree Avittom Thirunal Hospital, Thiruvananthapuram.

Our study was spread over a period of five weeks from 1<sup>st</sup> April 2007 to 18<sup>th</sup> May, 2007. By issuing pre tested questionnaire, we collected data regarding the awareness of postnatal mothers on developmental milestones. We tried to find out the relation between various factors like age of mothers, place of living, parity, education ,occupation , income type of family and awareness of the mothers.

Based on the responses obtained from the questionnaire, those mothers with scores 36% and below, were taken as poor awareness, between 37% and 64% as moderate awareness and 64% and above as good awareness. Thus, 5.6% of mother had poor awareness, 56.4% with moderate

awareness and 38% with good awareness. There is a relationship between awareness of mothers and age of mothers, their parity and educational status.